

**Proposed Amendment to the  
University Interscholastic League Constitution and Contest Rules**

***A. Brief Explanation of Proposed Amendment***

This proposed amendment would allow marching bands at schools that start their school year prior to the fourth Monday in August to have more rehearsal time early in the season by being under the 8-hour per school week, rather than calendar week, practice limit until after Labor Day.

***B. Factual and Policy Justifications***

Current rule states that once the school year begins marching bands are limited to 8 hours of rehearsal time outside of the school day per calendar week. With Districts of Innovation being permitted to start the school year prior to the fourth Monday in August, marching bands at those schools potentially have less rehearsal time in August than schools that begin their school year on or after the fourth Monday in August. This proposed rule change would allow more rehearsal time for marching bands that begin their school year prior to the fourth Monday in August by having no state imposed time limits on rehearsal outside of the school week until after Labor Day.

Calendar week is defined as 12:01 a.m. Sunday through midnight on Saturday.

School week is defined as 12:01 a.m. on the first instructional day of a calendar week through the close of instruction on the last instructional day of the calendar week, excluding holidays.

***C. Proposed Amendment***

Section 1105(e) of the UIL *Constitution and Contest Rules* would be amended as follows effective August 1, 2018, pending approval by the Commissioner of Education:

Section 1105: REGION MARCHING BAND CONTEST

- (e) MARCHING BAND REHEARSALS DURING SEASON. Effective the ~~first day of instruction of the school year~~ FOURTH MONDAY IN AUGUST a marching band and its auxiliary components are limited to a maximum of eight hours of rehearsal outside of the academic school day per calendar week. EXCEPTION: FOR SCHOOLS THAT BEGIN INSTRUCTION PRIOR TO THE FOURTH MONDAY IN AUGUST THE LIMIT OF EIGHT HOURS OF REHEARSAL OUTSIDE OF THE ACADEMIC SCHOOL DAY PER CALENDAR WEEK SHALL BEGIN ON THE TUESDAY IMMEDIATELY FOLLOWING LABOR DAY. SCHOOLS UNDER THIS EXCEPTION SHALL BE LIMITED TO EIGHT HOURS OF REHEARSAL OUTSIDE OF THE ACADEMIC DAY PER SCHOOL WEEK UNTIL THE TUESDAY IMMEDIATELY FOLLOWING LABOR DAY.

***D. Potential Fiscal Impact of the Proposed Rule to Member Schools***

This amendment should have no fiscal impact on member schools.

***E. Legislative Council Consideration; Effective Date***

The Standing Committee on Music moves that the Legislative Council pass this amendment, to be effective August 1, 2018, if approved by the Commissioner of Education.

**Proposed Amendment to the  
University Interscholastic League Constitution and Contest Rules**

***A. Brief Explanation of Proposed Amendment***

This amendment strengthens penalties for players who are ejected from a contest.

***B. Factual and Policy Justifications***

The increasing number of player ejections and the seriousness of the actions that lead to those ejections reveals a need for the UIL and its member schools to address this concern.

***C. Proposed Amendment***

Section 1208(i) of the UIL *Constitution and Contest Rules* would be amended as follows effective August 1, 2018, pending approval by the Commissioner of Education:

Section 1208: ATHLETIC REGULATIONS

(i) MINIMUM PENALTY FOR MISCONDUCT.

(5) PLAYER EJECTION. ANY PLAYER EJECTED FROM A CONTEST IS SUBJECT TO AN AUTOMATIC PENALTY. THE AUTOMATIC PENALTY FOR SUCH AN EJECTION IS AS FOLLOWS:

A. *FOOTBALL*. EJECTED PLAYER MISSES THE REST OF THE GAME IN WHICH THEY WERE EJECTED PLUS THE FIRST HALF OF THE FOLLOWING GAME.

B. *OTHER SPORTS*. EJECTED PLAYER MISSES THE REST OF THE GAME IN WHICH THEY WERE EJECTED PLUS ALL OF THE FOLLOWING GAME. SOCCER EXCEPTION. THIS SECTION DOES NOT ALTER THE CURRENT POINT PENALTY STRUCTURE FOR SOCCER PLAYER EJECTIONS, AS REQUIRED BY NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS SOCCER PLAYING RULES, THAT IS OUTLINED IN THE SOCCER COACHES MANUAL.

C. *APPEALS*. THE UIL EXECUTIVE DIRECTOR MAY DEVELOP A PROCESS FOR APPEALING STUDENT EJECTIONS.

***D. Potential Fiscal Impact of the Proposed Rule to Member Schools***

This amendment should have no fiscal impact on member schools.

***E. Legislative Council Consideration; Effective Date***

The Standing Committee on Athletics moves that the Legislative Council pass this amendment, to be effective August 1, 2018, if approved by the Commissioner of Education.

**Proposed Amendment to the  
University Interscholastic League Constitution and Contest Rules**

***A. Brief Explanation of Proposed Amendment***

This amendment would modify Section 1220(c)(2) and Section 1280(d)(2) regarding scrimmage start dates for baseball and softball.

***B. Factual and Policy Justifications***

Scrimmage start dates for baseball and softball restrict the first date scrimmages can occur to the 18<sup>th</sup> Monday prior to the state baseball/softball tournament. This amendment would change this language to a date set forth by the UIL calendar and allow for scrimmages to start on the previous Saturday.

***C. Proposed Amendment***

Section 1220(c)(2) and Section 1280(d)(2) of the *UIL Constitution and Contest Rules* would be amended as follows effective August 1, 2018, pending approval by the Commissioner of Education:

Section 1220: BASEBALL PLAN

(c) PLAYING DATES.

- (2) *Scrimmages*. Schools shall not scrimmage PRIOR TO ~~until the 18th Monday prior to the State Baseball Tournament~~ THE DATE SET FORTH BY THE UIL CALENDAR, not to exceed two scrimmages per calendar week, Monday through Saturday. Scrimmages are subject to the one contest per school week limitation.

Section 1280: GIRLS' SOFTBALL PLAN

(d) PLAYING DATES.

- (2) *Scrimmages*. Schools shall not scrimmage PRIOR TO ~~until the 18th Monday prior to the State Softball Tournament~~ THE DATE SET FORTH BY THE UIL CALENDAR, not to exceed two scrimmages per week, Monday through Saturday. Only one scrimmage is permitted between Monday and the end of the school day Friday.

***D. Potential Fiscal Impact of the Proposed Rule to Member Schools***

This amendment should have no fiscal impact on member schools.

***E. Legislative Council Consideration; Effective Date***

The Standing Committee on Athletics moves the Legislative Council pass this amendment, to be effective August 1, 2018, if approved by the Commissioner of Education.

**Proposed Amendment to the  
University Interscholastic League Constitution and Contest Rules**

**A. Brief Explanation of Proposed Amendment**

This amendment would modify Section 1220(f)(3) and Section 1280(g)(3) regarding scheduling restrictions for two-out-of-three elimination series for baseball and softball playoffs.

**B. Factual and Policy Justifications**

For post-season two-out-of-three elimination series games in softball and baseball, current rule only allows the first game of the series to be played prior to Friday. This amendment will allow for teams to schedule two of the three series games prior to Friday. This change will provide flexibility to schools when faced with the challenges of weather concerns, conflicts with other UIL events, and the scheduling restrictions created by state law related to state testing.

**C. Proposed Amendment**

Section 1220(f)(3) and Section 1280(g)(3) of the UIL *Constitution and Contest Rules* would be amended as follows effective August 1, 2018, pending approval by the Commissioner of Education:

Section 1220: BASEBALL PLAN

(f) POST SEASON PLAYOFFS.

- (3) *Two-out-of-Three Series*. If schools play a two-out-of-three elimination series, the first ~~(and only the first)~~ AND SECOND games may be played prior to Friday. Game ~~2~~ ~~and/or~~ 3 shall not be played until Friday. If one game is played and a second game cannot be played because of weather, then the winner of the one game advances to the next round. If two games are played (and split) and the third game cannot be played on Saturday because of weather conditions, the third and deciding game should be played on Monday of the next week.

Section 1280: GIRLS' SOFTBALL PLAN

(g) POST SEASON PLAYOFFS.

- (3) *Two-out-of-Three Series*. If schools play a two-out-of-three elimination series, the first ~~(and only the first)~~ AND SECOND games may be played prior to Friday. Game ~~2~~ ~~and/or~~ 3 shall not be played until Friday. If one game is played and a second game cannot be played because of weather, then the winner of the one game advances to the next round. If two games are played (and split) and the third game cannot be played on Saturday because of weather conditions, the third and deciding game should be played on Monday of the next week.

**D. Potential Fiscal Impact of the Proposed Rule to Member Schools**

This amendment should have no fiscal impact on member schools.

**E. Legislative Council Consideration; Effective Date**

The Standing Committee on Athletics moves that the Legislative Council pass this amendment, to be effective August 1, 2018, if approved by the Commissioner of Education.

**Proposed Amendment to the  
University Interscholastic League Constitution and Contest Rules**

**A. Brief Explanation of Proposed Amendment**

This proposal amends Section 1250, Football Plan and Section 1478, Seventh and Eighth Grade Athletic Plan of the UIL *Constitution and Contest Rules*.

**B. Factual and Policy Justifications**

This amendment would modify fall practice regulations and spring training for football as recommended and approved by the UIL Medical Advisory Committee.

**C. Proposed Amendment**

Sections 1250(b) and 1478(h) of the UIL *Constitution and Contest Rules* would be amended as follows effective August 1, 2018, pending approval by the Commissioner of Education:

Section 1250: FOOTBALL PLAN

(b) DATES AND OFF-SEASON REGULATIONS.

- (1) Spring Training. There shall be no school football practice or training for a contestant or team, and no football equipment issued after the close of the regular season schedule, except as incidental to the football championship playoffs and, in Conferences 5A and 6A only, 18 spring training practice days which may be conducted in a period of ~~30~~ 34 consecutive calendar days. Exception: Conference 5A and 6A schools may choose not to conduct the 18 days of spring training, replacing said training the next school year by following the workout days as specified for Conferences 4A, 3A, 2A and 1A.
  - (A) THE FIRST TWO DAYS OF SPRING TRAINING SHALL BE CONDUCTED WITHOUT ANY CONTACT EQUIPMENT EXCEPT HELMETS.
  - (B) DURING SPRING TRAINING A MAXIMUM OF 12 PRACTICES MAY CONTAIN FULL CONTACT. SEE THE FOOTBALL MANUAL FOR EXPLANATIONS OF FULL CONTACT.
  - (C) DURING SPRING TRAINING, FOOTBALL PLAYERS ARE NOT ALLOWED TO PARTICIPATE IN MORE THAN 90 MINUTES OF FULL CONTACT PRACTICE PER WEEK. SEE THE FOOTBALL MANUAL FOR EXPLANATIONS OF FULL CONTACT.
  - (D) DURING SPRING TRAINING A MAXIMUM OF THREE PRACTICES PER CALENDAR WEEK MAY INCLUDE FULL CONTACT.
- (5) Fall Practice, Beginning Dates.
  - (A) Practice Regulations Outside The School Year. Any football practice conducted by a school outside the school year shall be in accordance with the following regulations:
    - (i) Student-athletes shall not engage in more than three hours of practice activities, WITH UP TO A ONE HOUR BREAK, on those days during which one practice is conducted. THE ONE HOUR BREAK IS NOT INCLUDED AS A PART OF THE PRACTICE TIME LIMIT. TOTAL TIME SHALL NOT EXCEED FOUR HOURS.

- (ii) A ONE HOUR WALKTHROUGH IS ALLOWED ON DAYS DURING WHICH ONE PRACTICE IS CONDUCTED. THERE SHALL BE, AT A MINIMUM, TWO HOURS OF REST/RECOVERY TIME BETWEEN THE END OF ONE PRACTICE AND THE BEGINNING OF THE WALKTHROUGH.
  - (iii) Student-athletes shall not engage in more than five hours of practice activities on those days during which more than one practice is conducted.
  - (iv) The maximum length of any single practice session shall be three hours.
  - (v) On days when more than one practice is conducted, there shall be, at a minimum, two hours of rest/recovery time between the end of one practice and the beginning of the next practice.
  - (vi) Schools shall not schedule more than one practice on consecutive days and student-athletes shall not participate in multiple practices on consecutive days.
- (B) In Conferences 1A, 2A, 3A, 4A, AND ALL 9<sup>TH</sup> GRADERS IN 5A AND 6A, practice shall begin no earlier than the ~~first Monday in August~~ DATE SET FORTH BY THE UIL CALENDAR. In Conferences 5A and 6A, practice shall begin no earlier than the ~~second Monday in August~~ DATE SET FORTH BY THE UIL CALENDAR. Exception: If Conference 5A or 6A schools forego the 18 days of spring training, they may begin workout days ~~the following August~~ ON THE DATE SET FORTH BY THE UIL CALENDAR as delineated for Conferences 4A, 3A, 2A, 1A and ALL 5A AND 6A 9<sup>TH</sup> GRADERS. ~~No interschool scrimmages shall be allowed until after a period of at least six days of contact football.~~ INTERSCHOOL SCRIMMAGES SHALL BE ALLOWED ON THE DATE SET FORTH BY THE UIL CALENDAR.
- (C) ACCLIMATIZATION PERIOD. The first ~~four~~ TWO days of practice shall be conducted without any contact equipment except helmets. Other contact equipment may be fitted and placed in lockers ~~the first day workouts are permitted.~~ During the first ~~four~~ TWO days, however, only shoes, socks, T-shirts, shorts and helmets may be worn. ON THE 3<sup>RD</sup> AND 4<sup>TH</sup> DAYS OF PRACTICE, HELMETS, SHOULDER PADS, AND PADDED GIRDLES (SHELLS) MAY BE WORN, BUT NO PLAYER TO PLAYER CONTACT IS ALLOWED. ON DAY FIVE OF THE ACCLIMATIZATION PERIOD, HELMETS, SHOULDER PADS, AND PADDED GIRDLES (SHELLS) MAY BE WORN, AND PLAYER TO PLAYER CONTACT IS PERMITTED. During the ~~four~~FIVE-day acclimatization period, no FULL-contact activities shall be permitted. All student-athletes who arrive after the first day of practice are required to undergo a ~~four~~ FIVE-day acclimatization period. During the ~~four~~FIVE day acclimatization period and subject to the rules as noted in (A) (i-~~v~~ VI) above, if more than one practice is conducted on the same day, the second practice shall be a teaching period/walkthrough practice only with no conditioning or contact activities/equipment permitted. AT A MINIMUM, THERE MUST BE TWO HOURS OF REST/RECOVERY TIME BETWEEN THE END OF ONE PRACTICE AND THE BEGINNING OF THE WALKTHROUGH.
- (D) Football equipment is interpreted to mean football shoulder pads, hip pads, thigh pads, shoes, helmets, football pants or any other equipment used primarily in football. Football practice or training is interpreted to mean any organized instruction in football plays, formations or team skills.
- (E) Ninth grade football practice shall correspond with the high school dates whether the ninth grade is in high school, junior high or on a separate campus. EXCEPTION: 5A AND 6A NINTH GRADERS MAY START ON THE DATE SET FORTH BY THE UIL CALENDAR AS DELINEATED FOR CONFERENCES 4A, 3A, 2A, 1A.
- (F) Interschool Games. With the exception of certain sub-varsity games as outlined in the Football Manual, no high school (9-12) interschool games shall be allowed until the ~~last~~

~~Thursday in August~~ DAY SET FORTH BY THE UIL CALENDAR. However, schools that play prior to the first Thursday in September shall omit a scrimmage and have an open date during the season. For 7th and 8th grade regulations see Section 1478.

- (G) During the PRE-SEASON, regular season and post season, football players are not allowed to participate in more than 90 minutes of full contact practice per week. See the Football Manual for explanations of full contact.
- (7) Spring Training For Ninth Graders Restricted. Students in the ninth grade may participate in spring training in Conference 5A and 6A schools provided:
  - (A) that such participation is ~~on a site and~~ at the same time as the high school squad practices; and
  - (B) that said high school is the one which the ninth grade students will attend the following fall. Penalty for violations shall be assessed by the appropriate executive committee.

~~(k) REPORTS.~~

~~Each team shall make a complete report in duplicate (forms furnished by the UIL) of every game immediately after the game. One report shall be sent to the chair of the district committee. The other shall be filed at the school. The district committee may disqualify a team for its failure to promptly report its games. This rule gives the district committee authority to interpret the word "promptly."~~

Section 1478: SEVENTH AND EIGHTH GRADE ATHLETIC PLAN

(h) FOOTBALL

- (3) Season for Workouts and Games.
  - (A) ~~PRACTICE Traditional School Years.~~ Practice shall not begin prior to the first day of school. Football equipment may be checked out to the players on any one day during the week preceding the first day of school. ~~The first four days of practice shall be conducted without any contact equipment except helmets. During the first four days, only shoes, socks, T-shirts, shorts and helmets may be worn. During the four day acclimatization period, no contact activities shall be permitted.~~ THE FIRST FIVE DAYS OF PRACTICE SHALL CONSIST OF THE FOLLOWING ACCLIMATIZATION PERIOD. THE FIRST TWO DAYS OF PRACTICE SHALL BE CONDUCTED WITHOUT ANY CONTACT EQUIPMENT EXCEPT HELMETS. ON THE THIRD AND FOURTH DAYS OF PRACTICE, HELMETS, SHOULDER PADS, AND PADDED GIRDLES (SHELLS) MAY BE WORN, BUT NO PLAYER TO PLAYER CONTACT IS ALLOWED. ON DAY FIVE OF THE ACCLIMATIZATION PERIOD, HELMETS, SHOULDER PADS, AND PADDED GIRDLES (SHELLS) MAY BE WORN, AND PLAYER TO PLAYER CONTACT IS PERMITTED. DURING THE FIVE-DAY ACCLIMATIZATION PERIOD, NO FULL CONTACT ACTIVITIES SHALL BE PERMITTED. All student athletes who arrive after the first day of practice are required to undergo a FIVE ~~four~~-day acclimatization period. No interschool scrimmages or games shall be allowed until after a period of at least seven days of contact football.
  - (B) ~~From the first day of school,~~ Schools shall have 80 consecutive calendar days to practice outside the school day AND TO COMPLETE SCRIMMAGES AND GAMES. SCHOOLS MUST START THEIR 80 DAYS NO LATER THAN THE DATE SET FORTH BY THE UIL CALENDAR FOR JUNIOR HIGH FOOTBALL START DEADLINE.; ~~63 of the 80 consecutive calendar days may be used to complete scrimmages and games.~~
  - (C) FOR SCHOOLS CHOOSING NOT TO START THEIR 80 DAYS ON THE FIRST DAY OF SCHOOL, STUDENTS MAY BE IN AN ATHLETIC PERIOD, BUT CANNOT

PARTICIPATE IN ANY FOOTBALL ACTIVITIES OUTSIDE THE SCHOOL DAY UNTIL THE FIRST DAY OF THE 80 CONSECUTIVE CALENDAR DAYS. ~~Non-traditional School Years. The beginning date for practice outside the school day shall coincide with the day other schools in the UIL playing district begin their traditional school year.~~

***D. Potential Fiscal Impact of the Proposed Rule to Member Schools***

This amendment should have no fiscal impact on member schools.

***E. Legislative Council Consideration; Effective Date***

The Standing Committee on Athletics moves that the Legislative Council pass this amendment, to be effective August 1, 2018, if approved by the Commissioner of Education.



**Proposed Amendment to the  
University Interscholastic League Constitution and Contest Rules**

***A. Brief Explanation of Proposed Amendment***

This proposal extends the pilot program that allows an exception to Section 868(c), BROADCASTS OF UIL EVENTS, UIL *Constitution and Contest Rules*.

***B. Factual and Policy Justifications***

This amendment extends the pilot program that allows an exception to Section 868(c) by authorizing the UIL to approve one Friday night live telecast of a regular season football game or games. Both schools involved in any game to be broadcast must consent before being broadcast.

***C. Proposed Amendment***

Section 868(c) of the UIL *Constitution and Contest Rules* would be amended as follows effective August 1, 2018, pending approval by the Commissioner of Education:

Section 868: BROADCASTS OF UIL EVENTS

- (c) LIVE FOOTBALL TELECAST LIMITED. UIL member schools shall not permit the live telecast of a regular season football game on a Friday night. Live telecasts and other types of live broadcasts of UIL football post-regular season games shall be permitted if provided for in a UIL broadcast rights contract.

PILOT PROGRAM: UIL IS ALLOWED AN EXCEPTION TO SECTION 868(C) TO AUTHORIZE THE BROADCAST OF A LIVE FRIDAY GAME OR GAMES ON ONE FRIDAY NIGHT DURING A SINGLE FOOTBALL SEASON.

***D. Potential Fiscal Impact of the Proposed Rule to Member Schools***

This should have no fiscal impact to member schools, with those involved in any broadcast potentially being compensated.

***E. Legislative Council Consideration; Effective Date***

The Standing Committee on Policy moves that the Legislative Council pass this amendment, to be effective August 1, 2018, if approved by the Commissioner of Education.